

# Online Ergonomics for the Floor Employee for General Industry

## Intended Audience

This Ergonomics for the Floor Employee online course is designed for employees working on the floor in General Industry sectors, including those who are responsible for maintaining workplace safety and health according to OSHA regulations:

- Manufacturing assemblers and other employees on production lines or stations
- Material processors or handlers
- Warehousing and Distribution operators
- Packing operators

## Learning Objectives

When finished with this course, you will have been provided with the resources needed to deal with ergonomic hazards and know how to monitor yourself and coworkers for symptoms of injury. Upon successful completion of the course, you will be able to:

1. Understand issues with ergonomics in the workplace
2. Identify the major hazards associated with MSD and RMI type injury and illness
3. Recognize some simple solutions to reduce ergonomic risk in the workplace

## Course Topics

- Introduction to Ergonomics in General Industry
- Ergonomics and MSDs
- Ergonomic-related Hazards
- Simple Solutions

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