

# Online Returning to Work: Protecting Yourself from COVID-19 in the Workplace

## Intended Audience

This online course is most appropriate for general workers in all industries who have a potential risk for contracting COVID-19 in their workplaces. It is applicable to all industries, including Construction, General Industry, Healthcare, Manufacturing and Transportation.

## Learning Objectives

Protecting Yourself from COVID-19 in the Workplace is an awareness level online training course designed to inform workers about practices to help to protect themselves and co-workers from exposure to the virus. The materials presented in this training are based on guidance the Occupational Safety and Health Administration (OSHA), the Centers for Disease Control and prevention (CDC), the National Institute of Environmental Health Science (NIEHS) and other recognized sources.

The goal of this course is to increase health and safety awareness for workers with potential exposure to COVID-19. By the time you complete this course, you should be able to:

- Explain basic facts about COVID-19.
- Identify the risks of workplace exposure to COVID-19.
- Define key steps in worker protection and infection control.
- Identify methods to prevent and assist in limiting COVID-19 exposure in the workplace.

## Course Topics

- Introduction
- Facts about COVID-19
- Classifying workplace exposure

- Worker protection and infection control
- Protection and prevention

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