

Online Cold Stress for All Industries

Intended Audience

The Cold Stress for All Industries is intended for all individuals who may be required to work outdoors in cold environments for extended periods and may include construction workers, military personnel, snow cleanup crews, utility workers, sanitation workers, police officers, emergency response individuals, and more. This course can be applied across all industries and for positions across the General Industry sector. Individuals in the following positions across all industries may benefit from this course:

- Site workers
- Site employers
- Site managers
- Site supervisors

If you have any concerns as to whether this course is appropriate for you or your industry, please contact us.

Learning Objectives

The Cold Stress for All Industries online safety course is an intermediate-level training designed to teach participants to anticipate, recognize, evaluate, and control hazards associated with cold stress. Additionally, participants will learn the definition of cold stress and how one can prevent associated illnesses and injuries on the jobsite.

Participants of this online training are eligible to learn 0.1 Continuing Education Units (CEUs), as well as one Contact Hour for this IACET-approved course.

This online training is designed to offer participants a broad overview of cold stress awareness, symptoms, illnesses, preventative measures, and more. This course adheres to and provides an overview of OSHA's safety regulations and guidelines to better prepare participants to recognize and prevent cold stress events.

Course Topics

- Hypothermia
- Frostbite
- Frostnip and chilblains
- Trench foot
- Cold stress prevention

Elk Environmental Services is partnered with ClickSafety to offer our clients quality online training.

